



Indiana



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UNIVERSITY

Session Five – November 13, 2024



Please take a moment to provide your feedback about today's session, using either the link or QR code.

<https://forms.office.com/g/UGhUHxKsWe?origin=lprLink>



Our Guest Speakers



Bryan Schmidt is a Marine Corps Veteran. He enlisted while in high school, then served as a member of the Security Forces in Southwest Asia and as an Infantry Squad Leader. Over the course of his enlistment, Bryan deployed to over a dozen countries. Upon returning to Indiana, Bryan attended Ball State University and started getting involved in the community. Once deciding to work on veteran initiatives full time, Bryan has held positions such as a County Veterans Service Officer, a District Service Officer and finally the Health & Wellness Director at the Indiana Department of Veterans Affairs focusing on suicide prevention.

Obadiah Smith Jr is a retired Lieutenant Colonel/ Air Force Chaplain who served 20 years within the Air Mobility Command. He received a B.A. degree in sociology from Azusa Pacific University, a Master of Divinity from Fuller Theological Seminary, an MBA from Anderson University, and a Military equivalent master's degree. Completed a 4-year doctoral program at Anderson University, School of Theology. He is currently the Veterans Suicide Prevention Director for Indiana Governors Challenge.

Indiana Department of Veterans Affairs



IDVAs mission is to Support, Serve and Advocate for the Indiana Veteran Community. This Indiana Veteran Community consists of veterans, family members, caregivers, friends, organizations, and providers that touch veteran lives in some way. Indiana owes a great debt to its veterans, past and present, for their personal sacrifices and dedicated service. IDVA is committed to providing quality services, benefits, and programming and are devoted to enhancing and expanding Indiana's resources, continuing our vision.



Indiana's
Governor's Challenge
To Prevent Suicide Among
Service Members, Veterans,
their Families and
Caregivers (SMVF-CG)

Effective suicide prevention takes a combination of people, effort, and imagination. TOGETHER we can achieve far-reaching statewide improvements in policy, practice, and implementation.

Join us.



IGC Team



Bryan Schmidt
Indiana Department of Veterans Affairs
Health & Wellness Coordinator
Indiana Governor's Challenge



Brad Harper
IGC Suicide Prevention Director

Lesley Evans
Program Administrator



**Division of
Mental Health
and Addiction**

Michelle Bulington, LCSW (she/her)
State Suicide Prevention Director
Division of Mental Health and Addiction
Indiana Family and Social Services Admin.



Obadiah Smith
IGC Suicide Intervention Director



**Indiana
Department
of
Health**

Morgan Sprecher, MPH (she/her)
Indiana Violent Death Reporting System
Epidemiologist
Division of Trauma and Injury Prevention



Carlye Gibson
IGC Suicide Post-vention Director



IGC: Community Coalition Rollout

INtroduce

INtroduce

The Indiana Plan Structure

- Partnership based
- Teamwork approach
- Funding supported
- Fully customizable

INspire

INspire

Choice Creates Buy-IN

- Creates process of informed choice and allows coalition to choose and lead in their own community
- Allows nonprofits to utilize or expand skills to approach the Governor's Challenge priorities

INterpret

Data & Process Driven brings:

- Community Risk Assessment Index
- Format and guidance
- Process

In order to:

- Assess progress
- Take targeted and measurable action
- Flexibility to adapt to community needs

INterpret

INvest

INvest

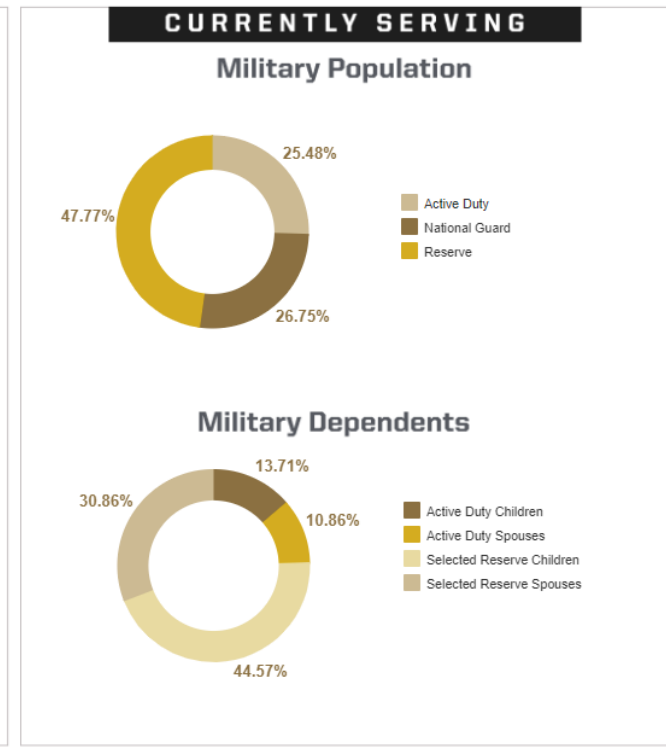
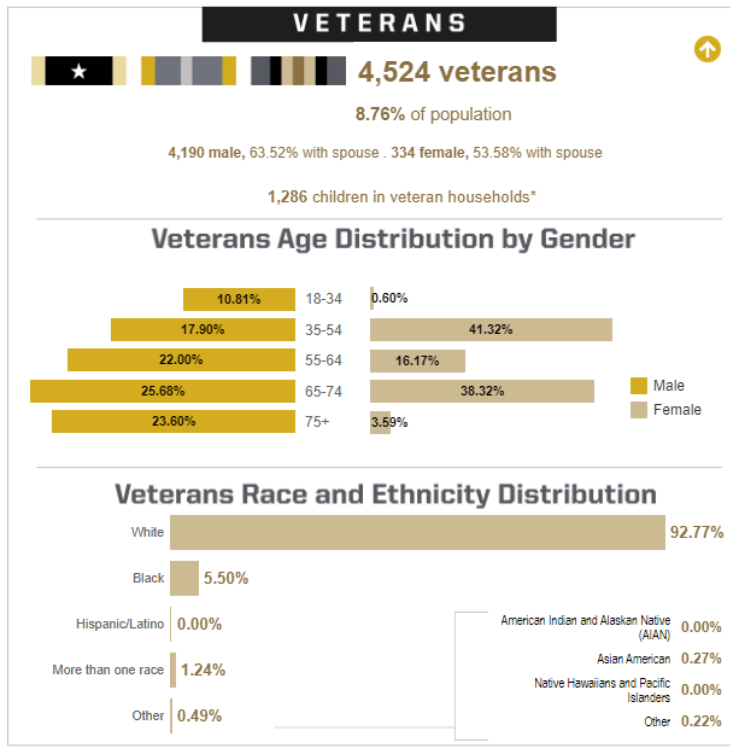
Tools for Success

Grants, Funding and Resources

- Plan/implement
- Track progress
- Measure success
- Stakeholder engagement tools
- Events sponsorship
- Staffing
- Consulting
- Measurables
- Timelines

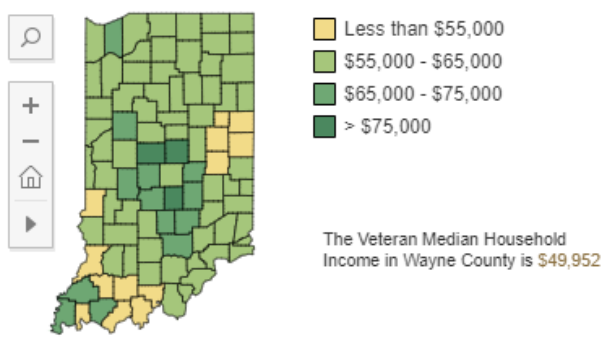


Key Data: Community Dashboard

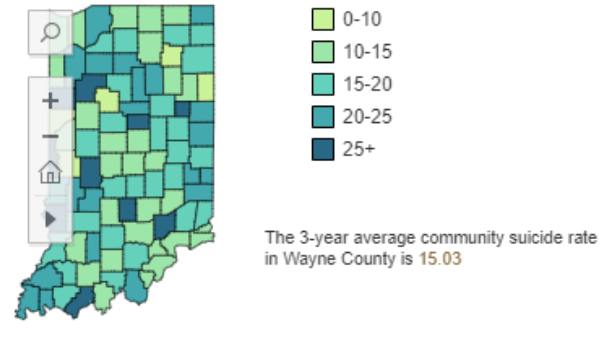


COMMUNITY

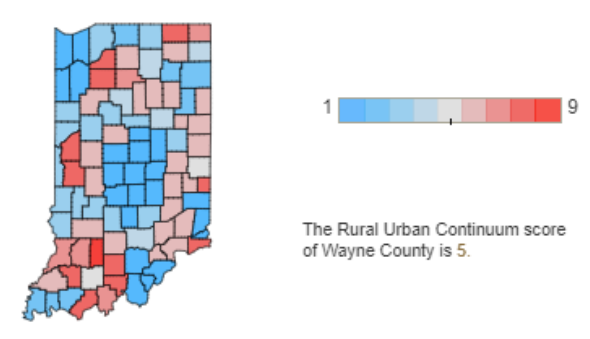
Veteran Median Household Income



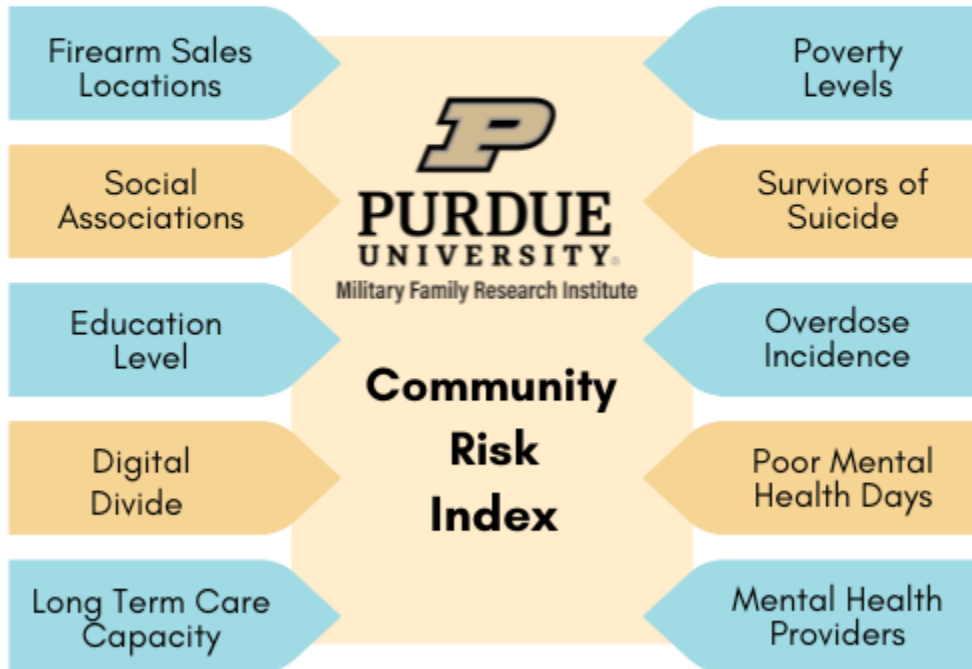
3-Yr Average Community Suicide Rates



Rural Urban Continuum



Coalition Selection



Index Score (0-5)
Pop. Consideration
CEPC Checklist

= Data-Driven Direction





JOIN

Suicide Intervention at the Community Level

Addressing the Mental Health Needs of Service Members,
Veterans, Family, and Caregivers (SMVF-CG)

Obadiah Smith Jr
Veteran Suicide Prevention Director
Division of Mental Health and Addiction
DMHA

- **Crisis Intervention**
- **Crisis Intercept Mapping**

Crisis Intervention

"Crisis intervention is not just about saving lives; about offering hope, empathy, understanding, and support to those in the darkest moments of their lives. Together, we can be the beacon of hope and light that guides individuals to healing, resilience and well being"

Obadiah Smith Jr



Crisis Intervention



- **Crisis:** borrowed from the Latin, which in turn was borrowed from the Greek *krinō*, which means 'distinguish, choose, decide'.
- **Intervention:** the Latin word *intervenire*, which means "to come between".



Crisis Intervention

What are some types of Interventions?



What is crisis intervention?



Crisis Intervention

Types Of Interventions:

- Direct Services
- Tough Love
- Preventive
- Therapeutic
- Medical
- Community-Based
- Recovery
- Peer to Peer



Crisis Intervention Teams

Crisis Intervention Teams (CITs) in Indiana are community-based programs that help people with mental health issues by de-escalating situations and connecting them with medical treatment.

Objectives:

- Reducing stigma: CITs help reduce the stigma of mental illness.
- Diverting individuals: CITs divert people with mental illness away from the criminal justice system and into treatment.
- Improving interactions: CITs help create more effective interactions between law enforcement, mental health care providers, and communities.
- Increasing safety: CITs help increase safety for people with mental illness and their families.
- Increasing access to treatment: CITs help increase access to medical treatment for people with mental illness.
- Developing partnerships: CITs help develop community partnerships.

<https://www.cit-indiana.org/>



Crisis Intervention Teams

Indiana



CIT programs bring community leaders together, they can also help keep people with mental illness out of jail and in treatment, on the road to recovery. That's because diversion programs like CIT reduce arrests of people with mental illness while simultaneously increasing the likelihood that individuals will receive mental health services.



Crisis Intervention Teams

Indiana Governors Challenge Crisis Intervention Teams

Target Counties:

- Vigo
- Madison
- Allen



Crisis Intervention Teams

CIT Indiana: NAMI Indiana's Technical Assistance Center for Justice Programs



<https://www.cit-indiana.org/>

NAMI Indiana CIT Locator:



Crisis Intercept Mapping

For Service Members, Veterans, and their Families (SMVF)

Crisis Mapping Objectives

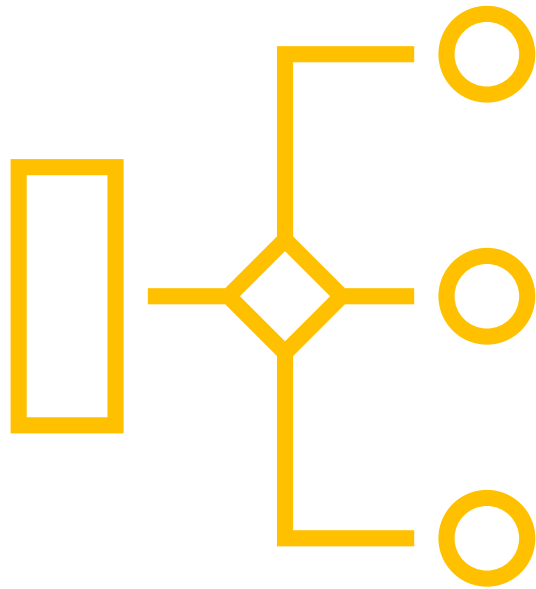
- Assess and improve community crisis care systems and services
- Strengthen partnerships among military and civilian community stakeholders
- Develop a tailored crisis intercept map for your community hand-in-hand with an action plan to improve crisis care services
- Develop interagency protocols for crisis care coordination
- Implement best practices in SMVF suicide prevention

<https://www.samhsa.gov/smvf-ta-center/crisis-intercept-mapping>



Crisis Intercept Mapping

Assess and improve community crisis care systems and services



Objectives:

- Strengthen partnerships among military and civilian community stakeholders
- Develop a tailored crisis intercept map for your community hand-in-hand with an action plan to improve crisis care services
- Develop interagency protocols for crisis care coordination
- Implement best practices in SMVF suicide prevention



Crisis Intercept Mapping

Assess and improve community crisis care systems and services for veterans.



What are some intercept resources to help fill the gap for Service Members, Veterans, Caregivers, and their Families?



<https://www.samhsa.gov/smvf-ta-center/crisis-intercept-mapping>



Crisis Intercept Mapping



Crisis Intercept Mapping for Service Members, Veterans and their Families (SMVF) Suicide Prevention

SAMHSA/VA TA Center Trained Indiana Counties:

- St Joseph
- Hamilton
- Johnson

Indiana Counties



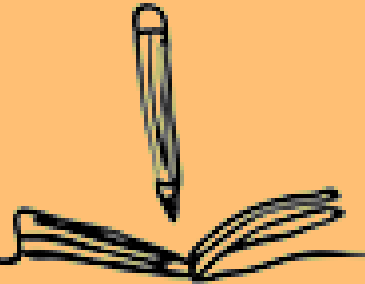
Crisis Intercept Mapping

988	MIRS	MIH	Alt2Su
			
<p>Suicide & Crisis Lifeline</p>	<p>Mobile Integrated Response System</p>	<p>Mobile Integrated Health</p>	<p>Alternatives To Suicide</p>
<p>988 offers direct connection to trained crisis specialists for anyone experiencing thoughts of suicide, a mental health or substance use crisis or emotional distress.</p> 	<p>Provides peer recovery coaches in hospitals and in the community to address opioid and stimulant misuse and disorders.</p> 	<p>Patient-centered model of care delivered in a patient's home in a mobile or telehealth environment</p> 	<p>Peer support group for persons living with suicidal ideations.</p> 
<p>https://988indiana.org/</p>	<p>https://www.in.gov/fssa/dmha/files/MIRS-RFF-FAQ.pdf</p>	<p>https://www.in.gov/fssa/dmha/files/MIRS-RFF-FAQ.pdf</p>	<p>https://alt2su-nsw.net/about/</p>



Crisis Intercept Mapping

Alternatives to Suicide



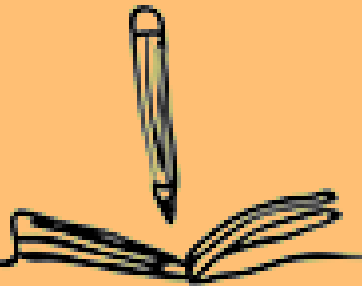
“Community. A sense of belonging. A sense of connection, purpose, love... I think often that’s the antidote to distress.”

Alternatives to Suicide is a peer-based response to supporting people who have made suicidal attempts or who have experienced suicidal thoughts. The approach was developed in 2008 by the Western Massachusetts Recovery Learning Community (USA – now called The Wildflower Alliance).



Crisis Intercept Mapping

Alternatives to Suicide



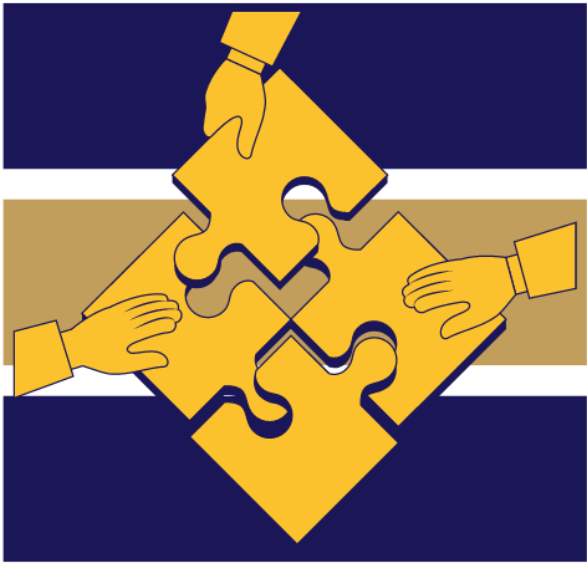
Lake, Allen, Porter, St Joseph, Cass, Howard,
Tippecanoe, Marion, Fayette, Bartholomew,
Floyd, Knox

Indiana Counties



You can JOIN IN.

Indiana is making a difference, taking the lead, and changing lives. Be a part of the team, Join IN.



STATE-FEDERAL-COUNTY-COMMUNITY

Did you serve in the U.S. military?



In the National Guard?



Family member who served?



Are you still serving?

IF YES: SCAN HERE & SEND



OR text "IDVA" to 79-848

State of Indiana



Phone: 463-209-9138
Obadiah.Smith@fssa.IN.gov
Twitter: @FSSAIndiana
www.IN.gov/fssa

OBADIAH SMITH, JR.
Veteran Suicide Prevention Director
Division of Mental Health and Addiction
402 W. Washington St., Room W353
Indianapolis, IN 46204



IGC Priority Groups

Priority 1



Identify SMVF and Screen for Suicide Risk

- Establish screening standards statewide for identification of SMVF and suicide risk
- Educate providers and peers involved in intake
- Review process for identification of SMVF in mortality and data review

Priority 2



Promote Connectedness and Improve Care Transitions

- Increase SMVF peers trained in suicide prevention to work in connecting SMVF to services
- Develop collaborative policies and protocols across military and civilian agencies to improve continuity of care
- Encourage implementation of caring contact protocols

Priority 3



Increase Lethal Means Safety and Safety Planning

- Implement a gunlock distribution campaign statewide
- Conduct statewide lethal means safety training events
- Convene a working group to support adoption of clinical practice guidelines for safety planning



IGC Priority Group One and Intervention

Priority 1



Identify SMVF and Screen for Suicide Risk

- Establish screening standards statewide for identification of SMVF and suicide risk
- Educate providers and peers involved in intake
- Review process for identification of SMVF in mortality and data review

Communicating intervention requires contact:



- Find, identify, and categorize the Indiana Veteran Community

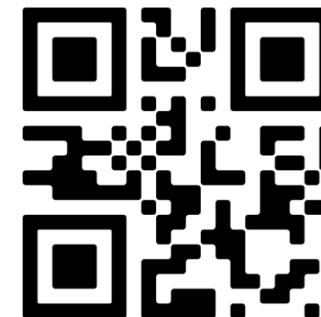
IDVA and the IGC efforts:

- IDVA is developing a ‘master database’ (VetraSpec – BMV – MFRF – VA – SMS)



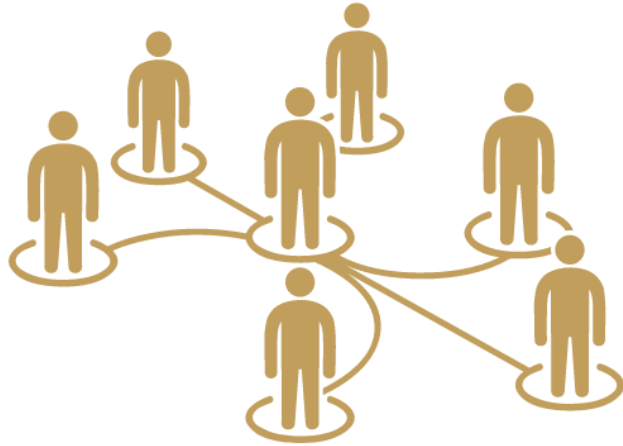
Communicate efficiently and directly with SMS:

- Direct, curated messages
- Easy to deploy



IGC Priority Group Two and Intervention

Priority 2



Promote Connectedness and Improve Care Transitions

- Increase SMVF peers trained in suicide prevention to work in connecting SMVF to services
- Develop collaborative policies and protocols across military and civilian agencies to improve continuity of care
- Encourage implementation of caring contact protocols

Coalition Inspiration:

- CIT creation/expansion
- Nonprofit connection to community
- Best practice sharing via IGC team
- CIM connection the dots

1

Coalition Opportunity:

- Funding to carry out and create

2

Coalition Sustainability:

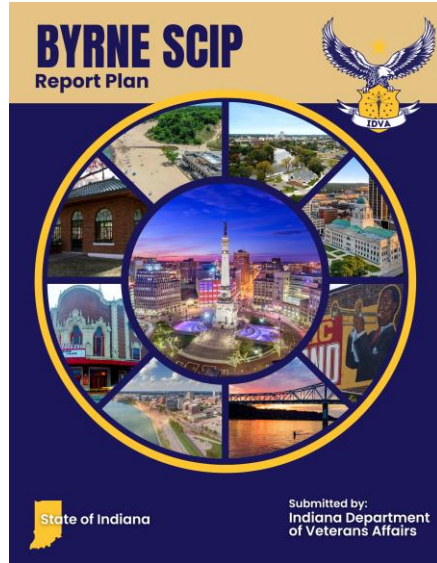
- IGC training and support
- VA/SAMHSA training and support
- IGC grant resume

3



IGC Priority Group Three and Intervention

Priority 3



Increase Lethal Means Safety and Safety Planning

- Implement a gunlock distribution campaign statewide
- Conduct statewide lethal means safety training events
- Convene a working group to support adoption of clinical practice guidelines for safety planning

Focus on firearm safety:

- Storage/Handling/Awareness

Fostering partnerships and awareness with local government:

- Providing direct connection-coalitions to municipalities
- CIT creation/training funding
- Specialty court intervention programs
- ERPO program enhancement funding

Four public grant opportunities:

- Direct Local
- <10K
- Local outreach
- Statewide program



IGC Identifying the Veteran Community

IDVA Text Journey:

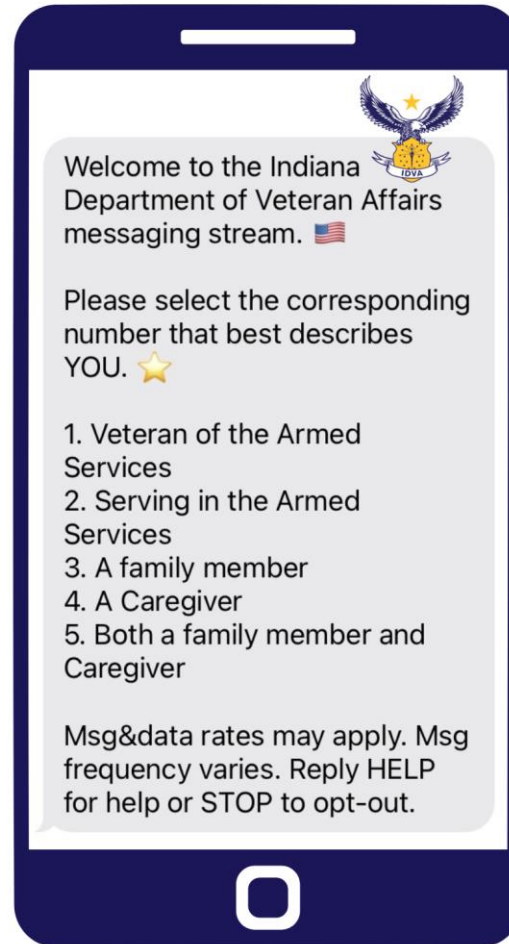
- Data to curate communication
- Data to understand diversity

1

IDVA partner opportunities:

- Benefits our partners
- Expands IDVA reach
- Curated messaging
- 3-tiered opportunity - **Ask the Question**

3

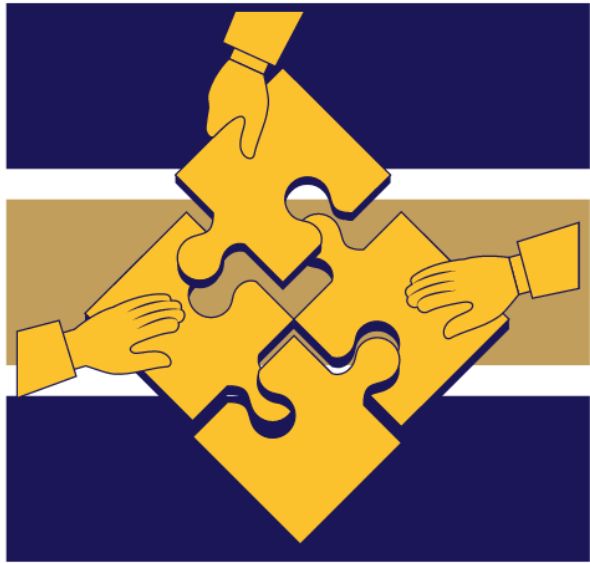


Events:

- Indiana State Fair
- Gen Con
- Stand Downs
- Wherever People Meet!

2





STATE-FEDERAL-COUNTY-COMMUNITY

You can JOIN IN.

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Did you serve in the U.S. military?



In the National Guard?



Family member who served?



Are you still serving?

IF YES: SCAN HERE & SEND



OR text "IDVA" to 79-848

INDIANA DEPARTMENT

of VETERANS AFFAIRS



Bryan Schmidt

Health & Wellness Director

in.gov/dva
(317) 431-4183
bschmidt@dva.in.gov



Support Serve & Advocate for Indiana's Veteran Community.





- ***Call 911*** for police, fire, and medical emergencies.
- ***Call 988*** for thoughts of suicide, mental health or substance use crises, or any other kind of emotional distress. If you are not sure, call 911.
- ***Call 211*** for Health and Human service agencies and resources.



Veterans and Service Member Families

- During the initial demographic questions, the Call Navigator will ask the caller if they or anyone in their household have served in the military.

Veteran & Military Family Resources



- Housing or Rental Assistance
- Utility Assistance
- Financial Assistance
- Transportation
- Holiday Assistance
- Information Helplines and Case Management
- Veterans Benefits Assistance
- Substance Use Disorder Treatment
- Support Groups and Counseling
- Employment and/or Job Readiness
- Childcare
- Warming Centers
- Soup Kitchens & Food Pantries



Online Guided Search



IN211 Staff Only



Indiana 211 Can Help

For immediate help and access to essential community resources, dial 2-1-1 or 1-866-211-9966 to connect to resources in your community.

Military

Type a Keyword or Agency

Select from the dropdown

46268 Zip

Narrow

Select a zip, city, or county.

Search

Select a Service Category

- Hotlines
- Employment
- Education
- Food
- Financial
- Personal-Household Items
- Health Care
- Transportation
- Shelter and Housing
- Mental Health&SUD
- Consumer Services
- Criminal Justice and Legal
- Individual and Family Life
- Public Health
- Public Works
- Seasonal
- Disaster



Veteran Benefits provided by Veterans of Foreign Wars - Indiana Service Department

575 North Pennsylvania Street, Indianapolis IN, 46204, Located miles from ZIP code entered in search

Assists Indiana veterans and their dependents and survivors with state veterans' benefits claims and appeals. VFW service offices are located in each county of the state.

317-916-3629

[View Website](#)

[Get Directions](#)

Hours of Operation: Phone Assistance: Mon-Fri 8am-3pm -- Walk ins: Mon-Fri 8am-2pm Eastern Time

Intake Procedure: Walk in for assistance, call to schedule an appointment, or visit the website for more information: www.vfw.org

Eligibility Requirements: Living in Indiana -- Honorably discharged veterans and their dependents or spouses, parents, or children

[More Details](#)

Agency Information

Description:

A national organization whose mission is "to foster camaraderie among United States veterans of overseas conflicts; to serve our veterans, the military, and our communities; and to advocate on behalf of all veterans."

Additional Sites:

[Veterans of Foreign Wars - Indiana Service Department](#)

[Email or Text Me a Link](#)

[Save to List](#)





Upcoming Indiana 211 University Topics

- ***December 18th – Adverse Childhood Experiences***
Brent Anderson, ACE Master Trainer
- ***January 15th - Aging Population and Resources***
- ***February 19th – Housing (Tentative)***

